



Client Contact: Kelly Coppel (209) 536-9300; kellymonroe@maximumliving.com
Agency Contact: Sandra Parker (805) 773-1000; sandra@thepressroom.com

FOR IMMEDIATE RELEASE

Maximum Living VitaSprout® and Solu-C® Supplements Complement the Immune System During Cold and Flu Season *High-quality supplements help support natural defenses*

SOULSBYVILLE, CA (October 19, 2015) – As the season submits to chillier weather and a higher incidence of cold and flu, ensure your immune system is performing at peak with Maximum Living's [VitaSprout](#) and [Solu-C](#) – two high-quality supplements that provide immune support and can assist with the body's natural defenses.



Maximum Living Vita-Sprout is a whole-food-based multi-vitamin and mineral supplement boasting a high-concentrate B-complex derived from organic adzuki sprouts, the most potent form of nutrients. Packed with the health boosting and nourishing benefits of essential sprouts, freeze-dried vegetables, plus an array of high-grade vitamins and minerals, VitaSprout is designed to nutritionally assist the body's natural defenses and support total health. MSRP: \$26.80 for 120 capsules

Maximum Living Solu-C Capsules with Green Tea offer advanced sources of Vitamin C, a primary antioxidant that feeds the immune system, contributes to healthy heart function, and assists in the formation of collagen, which helps protect the integrity of the body. Additionally, this superior blend combines the benefits of vitamin C-boosting citrus bioflavonoids, along with green tea – which have shown to be extremely potent antioxidant sources. MSRP: \$15.80 (90 capsules)/\$13.25 (60 capsules)

“These powerful supplements are impactful in supporting overall health, bolstering the body's immune function year-round, and are especially important during the emergence of winter when the body's immune system can become compromised,” said Kelly Coppel, marketing communications manager for Maximum Living. “Vita-Sprout and Solu-C Capsules both offer a proactive and natural approach to winter wellness.”

Founded in 1992, Maximum Living Quality Supplements was created to meet an identified need in the market for high-quality mineral supplements. After observing that more of his medical practice patients suffered from magnesium and trace mineral deficiencies than calcium, Dr. Ross Gordon, (D.O, M.D.), along with Maureen Kennedy Salaman and a team of experts, formulated the company's first product, MineralRich®. It was an immediate success and gained notable recognition in the nutritional supplement marketplace. As the company has grown, it's added a wide selection of other health-promoting supplements, all of which are proudly made in the USA utilizing the finest raw materials and most cutting-edge manufacturing processes.

For a full list of products, visit www.maximumliving.com or call (800) 445-4325.

For more information, editorial media can contact Sandra at On the Horizon Communications at (805) 773-1000 or sandra@thepressroom.com.

