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FOR IMMEDIATE RELEASE

Unwrap Holiday Gifts of Good Health and Balance with Chocoveda®'s Chakra Box *Award-winning, all-natural dark chocolate truffles can ease stress, promote wellbeing*



SHERMAN OAKS, CA (July 23, 2012) – Help spread holiday cheer *and* good health this season by giving loved ones [Chocoveda's](#) award-winning [Chakra Box](#) of all-natural vegan dark chocolate truffles – a decadent, sensual treat that can assist in **alleviating stress and bringing balance and wellbeing into the New Year.**

Made with the finest natural and organic healing and healthy ingredients, including 70% dark chocolate and organic extra virgin coconut oil, the purposeful and palette-pleasing truffles also **incorporate organic ashwagandha (“Indian Ginseng”), an ancient herbal tonic known to promote optimal health and reduce stress and anxiety.**

An ideal and distinct gift for the yogi, the chocolate connoisseur or someone who seemingly has everything, **Chocoveda's Chakra Box speaks to each of the body's seven energy centers with seven sumptuous and chakra-correlating flavors**, including chai, tangerine, ginger/lemongrass, green tea, peppermint, pomegranate, and honey/vanilla. Beautifully packaged and featuring yantra designs on each truffle, the Box also includes **a 20-page booklet to help guide one's journey to a more balanced state of awareness.** MSRP: \$30



Chocoveda also offers two other deliciously gift-worthy truffle boxes: for the nature lover, the [Garden Box](#) is sure to delight with garden-inspired truffles, including flavors such as Meyer lemon, orange blossom, rose and more, accompanying seed paper to plant an herb garden and a 24-page garden meditation booklet (MSRP: \$35); and **for the lover, the matriarch or any amazing woman, the [Goddess Box](#)** will honor her appropriately with three flavors each correlating to Eastern goddesses, including wild strawberry, gorgeous guava and pink grapefruit, and a 16-page booklet to help awaken her goddess-like capabilities (MSRP: \$35).

Chocoveda products can be purchased online at www.Chocoveda.com, Neiman Marcus and other [retail boutiques](#).

Formed in 2009 by Chocolatier and Ayurvedic Practitioner Julia Lungin, [Chocoveda](#) takes chocolate to a higher state by blending the finest quality all-natural, organic, vegan, gluten-free, and preservative-free ingredients (sustainable semi-sweet chocolate, organic extra virgin coconut oil, cocoa butter, and all-natural and organic flavor oils) with organic ashwagandha, or “Indian Ginseng,” an Ayurvedic healing herb (ancient India's system of health and wellness). For more information, visit the website at www.Chocoveda.com, or [find Chocoveda on Facebook](#).