

Decompress with Dahlgren Compression Socks for Athletes, Travelers and Professionals *Graduated Compression Socks Enhance Circulation, Energy*

Healthy circulation to the feet and legs is an important issue for women's health, whether sitting long hours in front of a computer, flying to Bali, or running a marathon. [Dahlgren Footwear's](#) premium cashmere-soft compression socks offer a simple, stylish and sumptuous solution to help prevent health conditions caused by inactivity – such as swelling and blood clots – as well as aches and pains resulting from strenuous activity like running and skiing.

The compression line features the company's signature Dri-Stride® moisture management system, in pressure from 20 mmHg (milligrams of mercury) at the ankle to 15 mmHg at the knee to promote circulation and enhanced energy when traveling, exercising and working.



Compression for Athletes

For women who suffer from sore legs caused by lactic acid build-up, Dahlgren's **MultiSport Compression** socks (pictured left) are a breath of fresh air – literally. By increasing blood flow to the legs and feet, the socks allow more oxygen to travel to the legs, helping to remove lactic acid and prevent muscle soreness. The extremely thin, no-cushion, knee-high MultiSport Compression sock also boasts Dahlgren's new TechWeave™ ventilation to keep legs and feet dry and cool. (Black, Atmosphere, and White; MSRP: \$29.95).

Compression for Travelers

Doctors recommend women wear compression socks during trips that last **eight hours or longer** (WebMD), as long travel hours can cause blood clots, which can lead to deep vein thrombosis and even a pulmonary embolism. Dahlgren's knee-high **Compression** sock (pictured right) does the job, while also helping to reduce leg swelling during airplane flights. The sock's thin, flat-knit instep and leg easily slide into boots and shoes, while a padded underfoot provides cushioned comfort. (Chocolate or Brown; MSRP: \$27.95)



Compression for Professionals

Sitting at a desk all day can cause lasting circulation problems ranging from swollen feet to varicose veins to deep vein thrombosis. Dahlgren's classically styled **Compression Thin** compression socks (pictured left) aid in maintaining healthy legs for busy professionals. Offering a mid-weight option, the Compression Thin has no cushion for a seamless, bulk-free fit in loafers and pumps. (Brown or Charcoal MSRP: \$25.95)



Dahlgren Footwear is available at international retail locations as well as online. For more information, visit www.DahlgrenFootwear.com. Media interested

in more information, samples or images may contact On the Horizon

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